

Your Mission, Should You Choose To Accept It...

...is to make all of your treasured recipes completely safe and secure during a disaster, emergency evacuation, computer or Internet meltdown.

Where Are Those Recipes Of Yours?

1

Grab a pencil and paper and jot down the types of recipes you want to **secure** and their current location.

Remember, we're only going to be dealing with two types of recipes for this exercise -- the ones that you cherish or the family favorites that you use all the time. The rest can wait for a rainy day, when you have the time to sort them all out.

We Gather Together...

2

Using the list you just compiled, **locate** and **gather** all of the printed recipes that you want to secure and set them aside for a moment.

Recipes Already On Your Computer

3

Are any of your recipes already on the computer? If they are, let's start with them. Otherwise, just go to the next step.

- Create one new folder on your computer desktop and name it "Backup Recipes (dd/mm/yy)" with today's date.
- Locate all of the digital recipe files that you want to keep safe. Leave the original files where they are on your computer, but copy each one and place the copies in your new Backup Folder.

Scanning The Rest

4

Now it's time to deal with your handwritten recipes.

Scan each recipe and download it to your computer, placing it in the Backup Recipe Folder you just created. When you're finished, make one copy of that complete folder and place it with your photo or video files – wherever you keep things on your computer that are important to you.

There are several great ways to scan your recipes.

- If you use a regular scanner, being sure to scan both sides of the recipe in the same file so you don't lose half the recipe.
- If the recipe cards are fragile, try a scanner like the Kodak Personal Scanner. It comes with a special plastic housing for fragile prints or documents, that protect the documents as it guides them safely through the rollers.
- If the recipe cards you want to scan are being held captive by a relative, just get a portable wand scanner, take it over to their house and scan them right there. That way the originals will never even leave their possession!

Keeping Them Safe

5

After you've scanned or printed your recipes, store them in at least **three** secure, damage-proof locations. That way if one or two of the locations are inaccessible, you'll still be able to have all your recipes at your fingertips.

Recipes With Memories Attached

6

While you're going through your special recipes, jot down all the details you can remember about them -- memories, anecdotes, family stories -- then save them along with the recipe.

Now you're not just sharing a great recipe, you're passing down a memory.

Family Favorites Packaged To Go

8

Want a cool way to share your favorite recipes with your whole family? Why not make a recipe book?

Drug stores, copy shops or publishing websites like Lulu.com have incredibly easy-to-use services you can use to turn your favorite recipes into your very own book.

It can be inexpensive or pricey depending on the length and binding, but it's a great way to share your family's favorite recipes and memories.

With A Side Of Video

7

Grab a video camera and have someone tape you making your family's favorite dishes, then go over to your mom's, grandma's or aunt's house and capture them making that special cake or world-class spaghetti.

Maybe she'll even throw in some juicy family stories!

What's Next?

Well now that you're done updating and backing up your Recipes, here are More Amazing Things You Can Do In 5 Minutes Or Less

[Create Your Family's Evacuation Plan](#)

[Download and Back Up Your Digital Photos](#)

[Keep Your Medical History At Your Fingertips](#)

[Save Your Albums & Cassettes As MP3s](#)

[Earthquake Proof Your Bedroom](#)

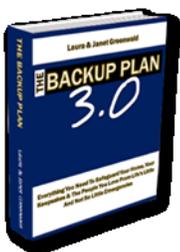
[Fill Out Your Kid's Emergency Contact Card](#)

And don't forget to share this how to sheet with your family and friends!

For more Tips and How To Sheets like this one, visit [The Backup Plan Blog](#), or check out our books at [GetYourStuff Together.com](#)

*That Backup Plan of yours is coming along nicely.
Here are a few other resources you're gonna love...*

*Laura & Jan Greenwald
Authors/Creators of Get Your Stuff Together*



Our newest program [The Backup Plan 3.0](#)! Quick and easy steps you can take **right now**, to keep everything that's important to you, safe, sound and accessible. Each section covers a different area, from family photos, vital documents and music, to videos, computer files, family history and recipes. Just download the free Grab It & Go Forms and Action Plans (included), complete them and save them to your computer or use the ones right inside the book and you'll be ready to deal with emergencies small (a broken arm) or large (Superstorm Sandy). [Pick up your Paperback copy today at Amazon.com for \\$29.99](#) [Or the new Downloadable PDF Edition for \\$8.00.](#) [Read more about it](#)